

**MEDICAL HISTORY**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Height: \_\_\_\_\_ (feet/inches or cm)

My weight is:  About where it should be  Too high  Too low

I am:  Right hand dominant  Left hand dominant  Ambidextrous \_\_\_\_\_

**In order to provide you with the best possible care, I ask that you provide information regarding your medical history. Please answer “Yes” or “No” for each question. If you answer “Yes,” please explain by entering the details.**

**Musculoskeletal History**

Please describe the medical problem for which you are consulting me, including: where it's located; what you feel; whether it radiates elsewhere; when it started; how it started; how you have treated it. (This information will assist me in ordering appropriate x-rays before your visit.)

-----  
-----  
-----  
-----  
-----  
-----  
-----  
-----

YES  NO Do you presently have any other bone, joint, muscle, or nerve problems other than the ones for which you are seeking consultation today? Include side:

-----  
-----  
-----

YES  NO Have you previously had any bone, joint, muscle, or nerve problems or injuries? *If yes, please describe problem(s), side of body, and approximate year(s) – especially if it was in the same area as your current problem:*

-----  
-----  
-----  
-----  
-----  
-----

**Family History**

Do any members of your immediate family (blood relatives) have:  Adopted (history unknown)

YES  NO Arthritis, gout, or any other bone, joint, muscle, or nerve problems (excluding traumatic injuries)? *If yes, please describe:*

-----  
-----

**Family History (continued)**

YES     NO    Serious medical problems? *If yes, please describe:*

-----

-----

**Systems Review (symptoms)**

Do you have (*if yes, please describe briefly*):

- YES     NO    Weight loss? \_\_\_\_\_
- YES     NO    Fevers? \_\_\_\_\_
- YES     NO    Frequent or severe headaches? \_\_\_\_\_
- YES     NO    Numbness or tingling? \_\_\_\_\_
- YES     NO    Double or blurry vision? \_\_\_\_\_
- YES     NO    Dizziness? \_\_\_\_\_
- YES     NO    Cough? \_\_\_\_\_
- YES     NO    Chest pain? \_\_\_\_\_
- YES     NO    Shortness of breath? \_\_\_\_\_
- YES     NO    Excessive bleeding when cut? \_\_\_\_\_
- YES     NO    Frequent nose bleeds? \_\_\_\_\_
- YES     NO    Nausea? \_\_\_\_\_
- YES     NO    Heartburn? \_\_\_\_\_
- YES     NO    Burning or pain with urination? \_\_\_\_\_
- YES     NO    Excessive or frequent urination? \_\_\_\_\_
- YES     NO    Skin rash? \_\_\_\_\_
- YES     NO    Swelling of feet or ankles? \_\_\_\_\_
- YES     NO    Depression? \_\_\_\_\_

**General History (conditions, diseases)**

Have you ever had or do you now have (*if yes, please give details, including approximate dates*):

- YES     NO    Hypermobility (loose-jointedness)? \_\_\_\_\_
- YES     NO    Rheumatoid (inflammatory) arthritis? \_\_\_\_\_
- YES     NO    Lupus? \_\_\_\_\_
- YES     NO    Other collagen-vascular (auto-immune) disorders? \_\_\_\_\_
- YES     NO    Gout? \_\_\_\_\_
- YES     NO    Osteoporosis or osteopenia? \_\_\_\_\_

**MEDICAL HISTORY**

- YES     NO    Vitamin D deficiency? \_\_\_\_\_
- YES     NO    Diabetes? \_\_\_\_\_
- YES     NO    Thyroid disorders? \_\_\_\_\_
- YES     NO    Other endocrine disorders? \_\_\_\_\_
- YES     NO    Cancer? \_\_\_\_\_
- YES     NO    Anemia? \_\_\_\_\_
- YES     NO    Sickle cell anemia? \_\_\_\_\_
- YES     NO    Bleeding disorders? \_\_\_\_\_
- YES     NO    Thrombophlebitis or blood clots? \_\_\_\_\_
- YES     NO    Other blood disorders? \_\_\_\_\_
- YES     NO    Dermatitis? \_\_\_\_\_
- YES     NO    Psoriasis? \_\_\_\_\_
- YES     NO    Other skin disorders? \_\_\_\_\_
- YES     NO    Glaucoma? \_\_\_\_\_
- YES     NO    Cataracts? \_\_\_\_\_
- YES     NO    Other eye problems? \_\_\_\_\_
- YES     NO    Deafness? \_\_\_\_\_
- YES     NO    Other ear, nose, or throat disorders? \_\_\_\_\_
- YES     NO    Epilepsy or seizures? \_\_\_\_\_
- YES     NO    Stroke? \_\_\_\_\_
- YES     NO    Concussion? \_\_\_\_\_
- YES     NO    Other neurologic disorders? \_\_\_\_\_
- YES     NO    Covid-19? \_\_\_\_\_
- YES     NO    Lyme disease? \_\_\_\_\_
- YES     NO    Hepatitis? \_\_\_\_\_
- YES     NO    Infectious mononucleosis? \_\_\_\_\_
- YES     NO    HIV infection? \_\_\_\_\_
- YES     NO    AIDS? \_\_\_\_\_
- YES     NO    Methicillin-resistant Staph aureus (MRSA) infection? \_\_\_\_\_
- YES     NO    Pneumonia? \_\_\_\_\_
- YES     NO    Other infectious diseases? \_\_\_\_\_

**MEDICAL HISTORY**

- YES     NO    Heart attack? \_\_\_\_\_
- YES     NO    Elevated cholesterol or triglycerides? \_\_\_\_\_
- YES     NO    High blood pressure? \_\_\_\_\_
- YES     NO    Rheumatic fever? \_\_\_\_\_
- YES     NO    Irregular heart beat? \_\_\_\_\_
- YES     NO    Heart murmur? \_\_\_\_\_  
If yes, were you advised to take any medication?     YES     NO
- YES     NO    Other heart disorders? \_\_\_\_\_
- YES     NO    Asthma? \_\_\_\_\_
- YES     NO    Emphysema? \_\_\_\_\_
- YES     NO    Other lung or breathing disorders? \_\_\_\_\_
- YES     NO    Reflux ("GERD")? \_\_\_\_\_
- YES     NO    Ulcers of the stomach or intestine? \_\_\_\_\_
- YES     NO    Gall bladder disease? \_\_\_\_\_
- YES     NO    Liver disease? \_\_\_\_\_
- YES     NO    Other digestive disorders? \_\_\_\_\_
- YES     NO    Recurrent urinary tract infections? \_\_\_\_\_
- YES     NO    Other kidney, bladder or urine disorders? \_\_\_\_\_
- YES     NO    **Men:** Prostate disease? \_\_\_\_\_
- YES     NO    **Women:** Menopause? \_\_\_\_\_
- YES     NO    **Women:** Amenorrhea (absence of menstrual periods)? \_\_\_\_\_
- YES     NO    **Women:** Other gynecologic disorders? \_\_\_\_\_
- YES     NO    Eating disorders or anorexia nervosa? \_\_\_\_\_
- YES     NO    Bulimia? \_\_\_\_\_
- YES     NO    Persistent anxiety or nervousness? \_\_\_\_\_
- YES     NO    Persistent depression? \_\_\_\_\_
- YES     NO    Other psychological disorders? \_\_\_\_\_
- YES     NO    Have you had **surgery** not described anywhere above?  
*If yes, please list type of surgery (including side of body) and date:*

-----  
-----  
-----

**MEDICAL HISTORY**

YES     NO    Have you been treated for or do you now have other **illnesses or injuries** not described anywhere above? *If yes, please give details:*

YES     NO    Do you have any dietary or nutritional restrictions? *If yes, please give details:*

YES     NO    Do you use cigarettes, cigars, a pipe, marijuana or other substances, or use e-cigarettes or a vaporizer? *If yes, please indicate type and amount of each:*

YES     NO    Are you in recovery?  
*If yes, please indicate substance(s) or illness(es) (if you wish):*

**Immunizations**

YES     NO    Have you received vaccinations for tetanus?  
Date of last booster shot: \_\_\_\_\_ (Tetanus booster required every 10 years)

YES     NO    Have you received vaccinations for Covid-19?  
*If yes, please enter date and type of most recent booster:*

**Allergies**

YES     NO    Do you have an **allergy** to latex?

YES     NO    Do you have any **allergies** to any medications?  
*If yes, please list medications (and reactions, if known):*

YES     NO    Do you have any **allergies** to any other items (foods, etc.)?  
*If yes, please list items (and reactions, if known):*

**Current Medications and Supplements**

YES     NO    Do you take any prescription medications? *If yes, please list:*

Name of medication                      Dose (mg, times per day)                      What the medication treats

---

---

---

---

---

---

---

---

---

---

YES     NO    Do you take any “over-the-counter” medications or pills (including herbals and supplements)? *If yes, please list:*

Name of medication/supplement                      Dose (mg, times per day)                      What the medication treats

---

---

---

---

---

---

---

---

---

---

**Pharmacies**

Prescription medications will be prescribed electronically, as required by law. You will not receive a paper prescription. If you do not have a pharmacy, search for and choose at least one. Please enter:

**Required** – Preferred Pharmacy Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip (*required*): \_\_\_\_\_

**Optional** – Alternate Pharmacy Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip (*required*): \_\_\_\_\_

**MEDICAL HISTORY**

**Health Care Providers**

**Primary Physician**       I don't have one

Your internist, family practitioner, or gynecologist, *etc.*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

YES     NO    Are you under the regular care of any other **health care practitioners** (medical specialist, psychologist, physical therapist, nutritionist, chiropractor, massage therapist, acupuncturist, *etc.*)? *If yes, please enter:*

Name: \_\_\_\_\_

Location: \_\_\_\_\_

Type of practitioner: \_\_\_\_\_

Name: \_\_\_\_\_

Location: \_\_\_\_\_

Type of practitioner: \_\_\_\_\_

Name: \_\_\_\_\_

Location: \_\_\_\_\_

Type of practitioner: \_\_\_\_\_

Name: \_\_\_\_\_

Location: \_\_\_\_\_

Type of practitioner: \_\_\_\_\_

Please provide any other information that you would like me to know:

-----  
-----  
-----  
-----

*I have answered all the above questions completely and truthfully, to the best of my knowledge. I authorize review of my medical information in electronic systems, including but not limited to Epic, Commonwell, and the Health Information Exchange.*

*If I file an insurance claim, I authorize the release of any medical or other information necessary to process the claim.*

*If I communicate with the office via text or email, I understand that the information in these messages may be susceptible to interception by a third party and therefore may not be private.*

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date